

**SOCIAL SERVICES /  
GOVERNMENT ASSISTANCE PORGRAMS**

Child Development Services	(800) 722-1091
Children's Fund	(909) 387-4949
Children's Network	(909) 387-8966
Child Support Services	(866) 402-3944
Loma Linda	(909) 799-1790
Rancho Cucamonga	(909) 987-9984
Community Services Department	(909) 723-1500
Department of Aging and Adult Services	(909) 891-3900
Department of Children's Services (DCS)	(909) 388-0242
Department of Workforce Development	
Hesperia	(760) 949-8526
San Bernardino	1-(800) 451-5627
Probation Department	
Adult Information	(909) 386-1810
Juvenile Information	(909) 383-2700
Social Security Administration	(800) 772-1213
TTY Number	(800) 325-0778
Transitional Assistance Department (TAD)	
(Cal-Works, Medi-Cal, Food Stamps, Foster Care, General Assistance, and Welfare/Cash Aid)	(909) 388-0245

**PARENTING SUPPORT SERVICES**

Adelanto Community Resource Center	(760) 246-8401
Boys and Girls Club (San Bernardino)	(909) 888-6751
Barstow	(760) 255-2422
Caritas Counseling Services	(909) 370-1293
High Desert	(760) 242-2311 ext. 8368
Child Development Services (Child Care)	(800) 722-1091
Department of Children's Services (DCS)	
San Bernardino	(909) 388-1900
Barstow	(760) 255-5400
Victorville	(760) 243-6640
Chino Human Services	(909) 591-9822
Community Hospital of San Bernardino	
Classes for Parents-To-Be	(909) 887-6333 ext. 4734
Family Resource Network	(800) 974-5553
Family Service Agency	(909) 886-6737
National Runaway Hotline	
Help Parents Locate Runaway Child	(800) Runaway (800) 786-2929
Vista Guidance	(760) 256-0376
People's Choice (Parent Project)	(909) 887-4414
St. Bernardine Medical Center	
Childbirth Education	(909) 881-4420

**HEALTH CARE COVERAGE FOR CHILDREN**

Access for Infants and Mothers (AIM)	(800) 433-2611
Healthy Families / Medi-Cal	(888) 747-1222
IEHP	(866) 294-4347
Kaiser Permanente Cares for Kids	(800) 255-5053
Molina	(800) 526-8196

**HEALTH SERVICES**

Arrowhead Regional Medical Center	(909) 580-1000
Family Health Centers - Scheduling	(909) 422-8029
Colorado River Medical Center	(760) 326-4531
Child Health & Disability Prevention (CHDP)	
Free Health/School/Sports Check-Ups	(800) 722-3777
Inland Empire Community Clinic	(909) 877-0510
Kids Come First Community Clinic	
Ontario Residents Only	(909) 673-9125
Public Health Information	(909) 387-6280
Redlands Community Hospital	
Family Clinics	(909) 335-5799
Social Action Community Health System	(909) 382-7100
Victor Valley Community Hospital	(760) 245-8691

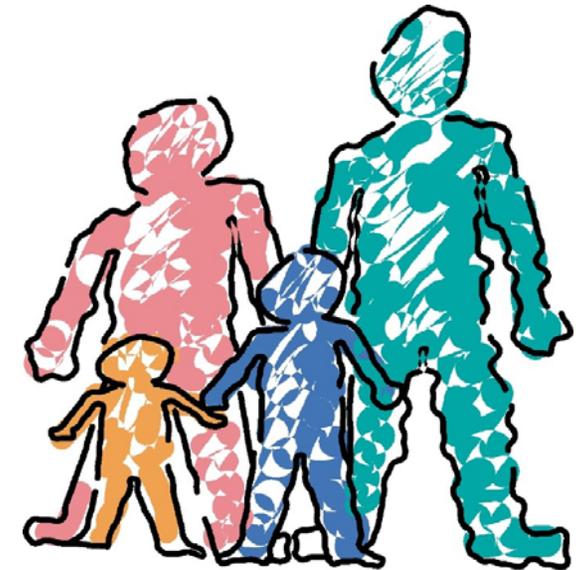
**San Bernardino County**

**COMMUNITY  
RESOURCES**

Your child may be eligible for free physicals!  
For more information call:  
Child and Adolescent Health Program  
**1-800-722-3777**



San Bernardino County  
Department of Public Health  
Human Services System  
Child and Adolescent Health Program  
1-800-722-3777  
REV 01/08



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Department of Public Health



## **EMERGENCY ASSISTANCE (SHELTER/FOOD)**

American Red Cross	(909) 888-1481
Victorville	(760) 245-6511
Catholic Charities	
East Valley	(909) 880-3625
High Desert	(760) 242-2311 ext. 8454
West Valley	(909) 481-7196
Central City Lutheran Mission	(909) 381-6921
Chino Neighborhood House	(909) 628-5608
Community Action Partnership	
Homeless Coalition (Referral Only)	(909) 723-1500
Foothill Family Shelter (Upland)	(909) 920-5568
High Desert Homeless Services	(760) 245-5991
HOPE (The Homeless Outreach)	(909) 983-5783
Housing Authority (Section 8)	
San Bernardino & Redlands	(909) 890-9533
Ontario	(909) 983-1318
Victorville	(760) 243-1043
Inland Temporary Homes (San Bernardino)	(909) 796-6381
The Lord's Table (Victorville)	(760) 241-2043
Lutheran Social Services (Joshua Tree)	(760) 366-1180
Operation Provider (Rim Forest)	(909) 337-8585
Poison Control Center	(800) 876-4766
Salvation Army (San Bernardino)	(909) 888-1337
Desert	(760) 245-2545
Ontario	(909) 986-6748
Samaritan Helping Hand (High Desert)	(760) 243-5933
Westside Community Services (San Bern.)	(909) 384-5428

## **NUTRITION / FOOD SERVICES**

Hotline for Food	(800) 643-6630
The Lord's Table (Victorville)	(760) 241-2043
Senior Nutrition Services	(800) 510-2020
Meals on Wheels	(951) 342-3057
Women, Infants & Children (WIC)	(909) 387-8301
Ontario, Chino	(909) 459-1156
Desert	(800) 472-2321

## **SEXUALLY TRANSMITTED DISEASES**

California AIDS Hotline	(800) 367-2437
CDC STD & AIDS Hotline (24 hours)	(800) 232-4636
San Bernardino County Public Health STD Clinics	(800) 722-4777
STD Hotline	(800) 227-8922

## **BIRTH CONTROL / PREGNANCY TESTING AND COUNSELING**

County Reproductive Health	(800) 722-4777
Emergency Contraception Hotline	(888) NOT-2-LATE
Perinatal and Adolescent Life (PALS)	(909) 388-5600
Planned Parenthood (Upland)	(909) 985-0065
Planned Parenthood (San Bernardino)	(909) 890-5511
Pregnancy Counseling Center	(909) 825-6656

## **COUNSELING/MENTAL HEALTH SERVICES**

Access Unit (Counseling Referrals)	
Department of Behavioral Health	(888) 743-1478
Active Communication Treatment	
System (ACTS) (Bloomington)	(909) 877-5499
Alta Loma Psychological Association	(909) 980-3567
Barstow Counseling	(760) 256-5026
Calvary Chapel (Fontana and Rialto)	(909) 820-7300
High Desert	(760) 948-2812
Chino Human Services	(909) 591-9822
Family Connection	(909) 370-4250
Family Counseling (Big Bear)	(909) 866-5721
Fontana Family Service Agency	(909) 822-3533
Crestline	(909) 338-4689
Frazee Community Center	(909) 889-4424
House of Ruth's Teen Violence	(909) 988-5559
Mesa Counseling (Rialto)	(909) 421-9358
Nueva Vida Counseling Center (Colton)	(909) 825-6188
Vista Guidance Center (Barstow)	(760) 256-0376
Redlands Psychological & Family Services	(909) 793-8312
Samaritan Counseling Center (Upland)	(909) 985-0513
Victor Valley Community Services Council	
"First Call for Help" (Referral Only)	(760) 243-9646
West End Counseling (Ontario)	(909) 983-2020

## **DENTAL HEALTH**

Bloomington Dental	(909) 746-0840
SAC Clinic	(909) 382-7120
Tri-County Dental Society	(909) 370-2112
Victor Valley Community Services	(760) 243-9646

## **CAR SEATS**

Child Passenger Safety Program	(800) 722-3578
Seat Check (Inspections & Recall List)	(866) SEAT-CHECK

## **DOMESTIC VIOLENCE / SHELTERS AND HOTLINES**

A Better Way (High Desert)	(760) 955-8010
Adult & Elder abuse hotline	(877) 565-2020
Child Abuse Hotline	(800) 827-8724
Desert Manna Ministries	(760) 256-7797
Desert Sanctuary / Haley House	(760) 256-3441
Doves of Big Bear Valley: Hotline	(909) 866-5723
Doves Domestic Violence Outreach and Shelter	(909) 866-1546
and Shelter	(800) 851-7601
Doves of Blue Jay	(909) 337-5300
High Desert Domestic Violence Outreach Services	(760) 949-4357
Outreach Services	(760) 843-0701
House of Ruth	(909) 988-5559
Inland County Legal Services	(909) 884-8615
Legal Aid (9:00 a.m. – 12:00 noon)	(909) 889-7328
Morongo Basin Unity Home	(760) 366-9663
Option House	(909) 381-3471
Project Sister	(909) 626-4357
San Bernardino Sexual Assault Services	(909) 885-8884
Redlands	(909) 335-8777
Victorville	(760) 952-0041
Yucaipa	(909) 790-9374
Hotline (RAIN)	(800) 656-4673
Victor Valley Domestic Violence	(760) 955-8723
A Better Way Shelter	(760) 955-8010

## **ALCOHOL/DRUGS/TOBACCO**

Al Anon Support Group: Hotline	(800) 356-9996
Alcoholics Anonymous Desert	(760) 242-9292
East Valley	(909) 824-1516
Alcohol & Drug Abuse Prevention	
Program (ADAPP) San Bernardino	(909) 387-6280
Alcohol / Drug Abuse Treatment Services	
Program (Dept. of Behavioral Health)	(909) 421-9465
Alcoholic's Anonymous	(909) 825-4700
Apple Valley	(760) 242-9292
American Lung Association	(909) 884-5864
California Smoker's Helpline	(800) NO-BUTTS
Foothill Perinatal Clinic (Rialto)	(909) 421-9206
Nicotine Anonymous Support	(800) 642-0666
San Bernardino Drug Court	(909) 386-0523
Victor Valley Perinatal Clinic	(760) 956-6780