MINUTES
County of San Bernardino
BEHAVIORAL HEALTH COMMISSION MEETING
October 2, 2014 - 12:00-2:00 pm

Commissioners Present:
Susan McGee-Stehsel, Ed O'Brien, Michael Grabhorn, Monica Wilson, Akin Merino, May Farr, Christopher Massa, Troy Mondragon, and Molly Wiltshire on behalf of Supervisor Ramos, Third District

Excused Absence: Jane Godager, Veatrice Jews

Unexcused Absence: Monica Alonso

Guests:
Charles Pearson, Hanna Keith, Community Hospital San Bernardino; Lizette Santoro, Constituent Service Representative for Supervisor James Ramos; Erika Moses, Field Representative for Supervisor Josie Gonzales; Victoria Ostermann, County Administrative Office; Sherie Park, Valley Star; Gary Atkins, South Coast Community Services; Lupita Mendez, El Sol; Jose Lopez, Rosalia Moreno, Harry Cass, Brian Chambers, Connie Sisifa, David Redondo, Patricia Barnes, Michael Moreno, Faith Ikeda, Matthew Parra, Johnny Moutoro, Pathways; Richard Holland, Sadie Barajas; Ramla Deez, Gloria Nwankwo, Jacqueline Fiel, Gustavo Sanchez, Tyson Frodsham, Chrissara Hutchefe, Aida Munoz, Nashwa Moustata, Cory Ramirez, Nicole Brown, Gabriela Farngold, Evelyne Kubundi, Mallery Wassink, Cal State San Bernardino; Michael Morris, David Miller, volunteer; Wayne Henkelmann, SB Mental Health Court; Smoky, Martie, Amazing Place; Lorraine Armenta, Andy Gruchy, Jonathan Benvenisti, Cynthia White, Lauretta Ross, Vivien Limon, André Bossieux, Imo Momoh, Susanne Kulesa, Jon Bufong, Michael Oliver, Joanne Mitchell, Kristen Mungcal, Mariann Ruffolo, Terri Franklin, Sherwin Farr, Doris Turner, Hector Ortega, Nancy Olsen, Cristina Froude, Karen Cervantes, Michelle Dusick, Clifford Craig, Department of Behavioral Health (DBH). Minutes recorded by Debi Pasco, Clerk of the Behavioral Health Commission.

CALL TO ORDER, INTRODUCTIONS AND MINUTES FROM LAST MEETING
Chair McGee-Stehsel, called the meeting to order at 12:05 p.m. Troy Mondragon led the Pledge of Allegiance and self-introductions followed.

Tab 8: Review Behavioral Health Commission (BHC) Agenda of 9/4/14 – To ensure a quorum for action items on today's agenda a request was made to move New Business before the Chairperson's Report.
APPROVED
Motion/Second: Michael Grabhorn/Monica Wilson
AYES: Ed O'Brien, Chris Massa, Akin Merino, May Farr, Susan McGee-Stehsel, Troy Mondragon, Molly Wiltshire on behalf of Supervisor James Ramos

Tab 9: Review BHC Minutes of September 4, 2014
APPROVED
Motion/Second: Ed O'Brien/Troy Mondragon
AYES: Michael Grabhorn, Monica Wilson, Chris Massa, Akin Merino, May Farr, Susan McGee-Stehsel, Molly Wiltshire on behalf of Supervisor James Ramos

PUBLIC COMMENTS
Smokey invited everyone to visit the beautiful Amazing Place Clubhouse, which has relocated to the new Mariposa Community Counseling, 2940 Empire Blvd, Ontario. You may visit our website at amazingplace.org.

Lupita Mendez stated that El Sol and Promotores de Salud have been serving the Latino community for seven years. El Sol has also acquired community health worker contracts to serve the African American, Asian Pacific Islander, and LGBTQ communities. El Sol Administration has relocated to 766 N. Waterman Ave, San Bernardino and full services are being provided at 972 N. Mt. Vernon Ave, San Bernardino.

Sharon Davis remarked that San Bernardino and Riverside county agencies need to contact clients prior to showing up at their doors, as it can become an upsetting situation. Many people in the high desert come to her door for assistance and nowhere to go. More resources need to be provided. Assistant Director Veronica Kelley thanked Ms. Davis for her comments and request Deputy Director Andrew Gruchy to meet with after the meeting to address concerns.

NEW BUSINESS-ACTION ITEMS

- Reschedule 1/1/15 BHC Meeting to Monday, 1/5/15

APPROVED
Motion/Second: May Farr/ Akin Merino
AYES: Michael Grabhorn, Troy Mondragon, Monica Wilson, Chris Massa, Susan McGee-Stehsel, Ed O'Brien, Molly Wiltshire on behalf of Supervisor James Ramos

- Establish Holiday Tea Awards Selection Committee – Jane Godager, Chris Massa, Ed O'Brien

APPROVED
Motion/Second: Troy Mondragon/Monica Wilson
AYES: May Farr, Michael Grabhorn, Chris Massa, Akin Merino, Susan McGee-Stehsel, Ed O'Brien, Molly Wiltshire on behalf of Supervisor James Ramos

- Establish 2015 Election of Officers Committee – Chris Massa, Troy Mondragon, Ed O'Brien

APPROVED
Motion/Second: May Farr/Monica Wilson
AYES: Troy Mondragon, Michael Grabhorn, Chris Massa, Akin Merino, Susan McGee-Stehsel, Ed O'Brien, Molly Wiltshire on behalf of Supervisor James Ramos

CHAIR'S REPORT

Chair Susan McGee-Stehsel is in the planning phase of visiting group homes in the mountain area. Over the summer, she visit a Crisis Intervention Training in progress. She suggested the course be available to school personnel, District Attorneys and judges. Preparation continues for a Perinatal Substance Abuse/Mental Health Treatment conference to be held at Cal State on 11/14/14. The Board of Registered Nursing recommends that more nurses participate on Boards & Commissions. Please be mindful and call ahead before visiting clients at their place of residence.

COMMISSIONERS' REPORTS

First District:

Commissioner Ed O'Brien stated that Andy Gruchy, DBH Deputy Director, gave a thorough presentation regarding crisis services in the high desert. He was encouraged that a new provider in this area may be able to intervene for inpatient services. There are significant regulatory barriers and funding issues when it comes to inpatient services for youth, and he wonders if our county is heading in the right direction. We continue to expand and build new detention facilities for kids, but there are no beds available for them when they are in crisis. He recently attended an AB109 meeting and was discouraged to find that DBH has very little funding to serve this population.

Commissioner Michael Grabhorn thanked the San Bernardino County Board of Supervisor for unanimously approving an ordinance that gives the Sheriff's Department more authority to curb synthetic drug sales. He is impressed with the services provided by Valley Star Crisis Walk in Center in Victorville. Michael also visited a methadone clinic in Victorville, where the cost of treatment is $21 for 21 days; they call it "harm reduction." Clients, mostly youth, said methadone prevents them from using the street drug. They mentioned their addiction began from pilfering prescription drugs from their parents; later turning to heroin as it is cheaper than prescription drugs. In Victorville, approximately 14-15 runaway youth were taken in by a homeless encampment. They called a local minister, who has provided them assistance in the past, and the teens were returned to their homes.

Second District:
Commissioner May Farr attended the CA NAMI and Multicultural conferences in August; over 500 people were in attendance. She also attended the National NAMI Conference in Washington DC; singer, Demi Lovato, served as keynote speaker. May participated in some great workshops at the Latino Behavioral Health Institute Conference in September. Recovery Happens was an exciting and fun event at Guasti Park. The Crisis Invention Training International Conference will be held October 13-15 in Monterey, CA. NAMI has partnered with Alpha Kappa Alpha Sorority, established and incorporated by African-American college women.

Third District:
Commissioner Chris Massa announced the next Third District Advisory Board will be held on 10/21/14, at South Coast Community Services in Redlands. There was a huge turnout at the Wellness Triathlon bowling event on 9/27/14. He also congratulated Troy for receiving the 2014 Youth Advocate award from NAMI.

Commissioner Troy Mondragon welcomed his fellow Cal State San Bernardino students to today's meeting. Cal State is hosting a Suicide Awareness event on 10/8/14, from 1-am-2pm. Troy and his social work companions, the Howln' Coyotes, are gearing up for the NAMIWalks on 10/25/14, at Diamond Valley Lake in Hemet. He's in his final year of Master of Social Work program at Cal State, conducting his internship at Family Service Agency in San Bernardino. He's been learning more about housing services offered by county facilities. He encouraged consumers to vote in the November election.

Fourth District:
On behalf of Secretary Akin Merino, the following report was provided. She continues to work with the homeless population in San Bernardino, and appreciates the support of DBH when advocating for consumers in the Fourth District. She's conducting Relationship Nuggets Workshops at her church, which have become very successful. She will attend the Integrating Substance Use, Mental Health and Primary Care Services conference on October 22-23, and will report out during the November BHC meeting.

Vice Chair Monica Wilson attended the Latino Behavioral Health Conference and Children's Network Conference. Each of the five supervisorial districts will be hosting a free Community Forum to help make County of San Bernardino a healthier place to live, work, learn and play.

- 10/17/14, 3-5pm - Second District: Central Park, 11200 Base Line Road, Rancho Cucamonga, CA 91701
- 10/22/14, 3-5pm – Fourth District: Montclair Senior Center, 5111 Benito Street, Montclair, CA 91763
- 10/28/14, 2-4pm – Third District: Joshua Tree Community Center, 6171 Sunburst Avenue
- 10/29/14, 9-11am – First District: Burning Bush Baptist Church, 14849 7th Street, Victorville, CA 92395
- 11/4/14, 10am-12pm – Online Forum: RSVP at Eventbrite with your email address
- 11/5/14, 5:30-7:30pm – Fifth District: National Orange Show, Valencia Room, Gate 9, San Bernardino, CA

Monica stated with the passing of AB 114, it is clear that school districts are now solely responsible for ensuring students with disabilities receive special education and mental health services. Schools do not seem to be keeping up with this mandate. She requested an upcoming presentation to the Commission. Assistant Director Veronica Kelley responded that Michael Schertell, Deputy Director, will provide a presentation in the near future.

Board of Supervisors:
Molly Wiltshire, Communications Director for Supervisor James Ramos encouraged everyone to vote in the upcoming November election. Let your voice be heard. You can register to vote online and have a ballot mailed to your home. Supervisor Ramos and Molly attended Recovery Happens on 9/20/14, at Guasti-Cucamonga Park in Ontario. Karen Cervantes got in on the fun by catching a piglet for the Supervisor to hold.

ASSISTANT DIRECTOR'S REPORT
Assistant Director Veronica Kelley announced that Request for Qualifications (RFQ) are out for the sobering centers, an alternative to jail. Illicit drug use has diminished; however, prescription drug use has dramatically increased. DBH has submitted a grant application to California Health Facilities Financing Authority (CHFFA) for a crisis residential site in San Bernardino for up

to 30 day stays. We will also be prepared to submit another application for a site in the High Desert during the next round of funding. Hispanic Heritage Month is September 15-October 21. With cooperation between cities in the High Desert and the county, we plan to have a crisis residential site selected in this area for a third round of grant funding.

EDUCATIONAL PRESENTATION

New Program – Access, Coordination and Enhancement (ACE) by Sherwin Farr, Program Manager II:

- The purpose of ACE is to decrease the amount of time between hospital discharge and follow-up with outpatient clinic services. In Fiscal Year 2012-13, DBH had just under 10,000 inpatient episodes with a recidivism rate of 24% within 20 days of discharge. Hospitals will now be penalized for rehospitalizations within 30 days of discharge.
- ARMC hospital discharge consumers will receive first priority and receive an appointment time within seven calendar days of discharge. Diversion staff will ensure the ARMC discharge documentation is forwarded to the clinic where the consumer is referred or already open. ACE will make reminder phone calls to client for upcoming appointments.
- ACE implemented at the following clinics: Phoenix, Mariposa, Mesa and Victor Valley. Additional staff added to Barstow and Needles clinics. Additional staff at these clinics will:
    - Clinical staff to perform screening and intake assessments;
    - Medical staff to perform medication evaluations and medication reconciliations;
    - Case management staff to improve post –hospitalization linkage by performing outreach and engagement. Will engage the consumer prior to appointment, will follow-up on all no-shows, and provide linkage to resources.
- Goals include:
    - Decrease amount of time between hospital discharge and follow-up with outpatient services
    - Reduce 30-day rehospitalization rate for DBH consumers
    - Increase outpatient clinic engagement rate
    - Appointment with psychiatrist within 14 days of discharge
    - Improve access to other services, homeless, primary health care and employment services.

OUTSIDE AGENCY AND OTHER REPORTS

Karen Cervantes, DBH Community Outreach and Engagement, reported there were 1500 people who attended Recovery Happens. It was an incredible and fun event. There were 183 participants at the Wellness Triathlon bowling event. DBH employees participating in 2 of the 3 Triathlon events will receive a denim pass allowing them to wear jeans for a week. At this time, Imo Momoh is our NAMIWalks fundraiser: Please join us for upcoming events:

- Wellness Triathlon events:
    - 10/25/14: NAMIWalks, 9am-1pm, Diamond Valley Lake,Hemet
    - 11/19/14: Talent & Awards Night, 5-8pm, Health Services Auditorium, Rialto
- October 6-12 is Mental Health Awareness week
- September 15-October 15 is National Hispanic Heritage Month. A celebration will the held on October 10 at CSBHS in Rialto.
- November 18: Native American Heritage Month Celebration, University of Redlands, Orton Center 9am-3pm

Victoria Hall announced the month of October as the county's Combined Giving Campaign to support those in need in our communities. Resource fairs will be scheduled at DBH sites throughout October. Celebrate! Commemorate! Participate!

ADJOURNMENT:

Meeting adjourned at 1:45 p.m.

Susan McGee-Stehsel, Chair	*Debi Pasco*
Behavioral Health Commission	Clerk of the Behavioral Health Commission